

# St Mary Magdalen's Catholic Primary School



## Physical Intervention Policy

<b>Governors' Committee Responsible:</b>	<b>Full Governing Board</b>
<b>Status:</b>	<b>Non-statutory</b>
<b>Review Cycle:</b>	<b>Every two years</b>
<b>Date Written/Last Review:</b>	<b>21 June 2018</b>
<b>Date of Next Review:</b>	<b>June 2020</b>

## **MISSION STATEMENT**

**We are a Roman Catholic community, placing God at the centre of our lives. Christian values permeate every aspect of the school day. As a small friendly school, we aim to produce the warmth and intimacy of the family. We recognise each individual as special and loved by God, caring for one another and fostering love, trust and respect. When mistakes are made we recognise them as opportunities for learning and consequent reconciliation.**

**We aim to help all children fulfil their potential. We have high expectations of the children; we want them to do their best socially, personally, academically and spiritually.**

**We recognise each child's full entitlement to education. We value children's uniqueness and endeavour to nurture their potential. We strive to promote in them a sense of personal worth and self-confidence, as well as an awareness of their responsibilities to self and others.**

## **GUIDING PRINCIPLES**

### **LEGAL FRAMEWORK**

Positive handling should be limited to emergency situations and used only in the last resort. Section 550A of the Education Act 1996 and DfE guidance Use of Reasonable Force (July 2013) allows teachers, and other members of staff at a school who are authorised by the Head Teacher, to use such force as is reasonable in circumstances where the pupil may need to be prevented from engaging in behaviours which are likely to cause injury to themselves, others or damage to property. The guidance extends this to maintaining good order and discipline, for both on-site and off-site activities.

Positive handling should only be used when all other strategies which do not employ force have been tried and found unsuccessful **or in an emergency situation.**

- There is no legal definition of reasonable force. The Criminal Law Act (1967) allows any person to use such force as is reasonable in the circumstances to prevent an offence (e.g. physical assault) being committed. Reasonable minimal force must be a matter of personal judgement. All teachers have a professional duty of care within their job description which is underwritten by the School Teachers' Pay and Conditions Document 2017. Together with the legislative framework this enables teachers and other members of staff in the school, authorised by the Head Teacher, to use such force as is reasonable in the circumstances listed as points 1, 2 and 3 in the Procedures section.

### **WHAT DOES IT MEAN TO RESTRAIN A CHILD?**

Positive handling is the positive application of force with the intention of protecting the child from harming himself or others or seriously damaging property. The proper use of positive handling requires skill and judgement, as well as knowledge of non-harmful methods of restraining. The decision to use positive handling as restrictive physical intervention must take account of the circumstances and be based on an assessment of the risks associated with the intervention compared with the risks of not employing a restrictive intervention. The physical intervention must also only employ a reasonable amount of force – that is the minimum force needed to avert injury or damage to property, or to prevent a breakdown in discipline – applied for the shortest period of time (see section on use of reasonable force).

### **WHY USE RESTRAINT?**

Positive handling should avert danger by preventing or deflecting a child's action or perhaps by removing a physical object, which could be used to harm him/herself or others. Positive handling skilfully applied may be eased by degrees as the child calms down in response to the physical contact. It is only likely to be needed if a child appears to be unable to exercise self-control of emotions and behaviour. Should physical restraint be necessary, it will be utilised by staff trained in the correct procedures. Staff members trained in 'Team Teach' will be summoned as quickly as possible with the intention of de-escalating and reducing the risks to the child, other persons and property.

## **GENERAL AIMS**

The staff at St. Mary Magdalen's Catholic Primary School recognise that the use of reasonable force is only one of the strategies available to secure pupil safety/well-being and also to maintain good order and discipline.

Our policy on the use of reasonable force is part of our overall pastoral care procedures and closely related to our policies on managing pupil behaviour in our School Behaviour Policy and also to the LA's Safeguarding and Child Protection guidelines.

## **THE AIMS**

- To protect every person in the school community from harm.
- To protect all pupils against any form of physical intervention which is unnecessary, inappropriate, excessive or harmful.
- To provide adequate information and training for staff so that they are clear as to what constitutes appropriate behaviour and to deal effectively with violent or potentially violent situations.
- To use the minimum degree of force necessary to accomplish positive handling.
- To give full support to staff who have been assaulted or have suffered verbal abuse from pupils or others.
- To maintain accurate records of incidents where positive handling (including restraint) has been employed.

## **RISK ASSESSMENT**

Although most children at St Mary Magdalen's Catholic Primary school will never require any form of positive handling, staff may have to deal with children who exhibit disturbed, distressed and distressing behaviour. It is therefore necessary to carry out risk assessment. We will attempt to reduce risk by managing:

- the environment
- body language
- the way we talk
- the way we act

## **INDIVIDUAL RISK ASSESSMENTS**

The school's respect for the rights of the individual takes into consideration the context of The Human Rights Act (1998) and The United Nations Convention on the Rights of the Child (1991). The school's ethos and the guidance in this policy is based on the presumption that every adult and child is entitled to:

- respect for his/her private life;
- the right not to be subjected to inhuman or degrading treatment;
- the right to liberty and security; and
- the right not to be discriminated against in his/her enjoyment of those rights.

If we become aware that a pupil is likely to behave in a disruptive way that may require the use of reasonable force, it is our intention to plan how to respond if the situation arises. Such planning needs to address:

- managing the pupil (e.g. reactive strategies to de-escalate a conflict, holds to be used if necessary);
- involving the parents/carers to ensure that they are clear about the specific action the school might need to take;
- Briefing staff to ensure they know exactly what action they should be taking (this may identify a need for training or guidance);
- Ensuring that additional support can be summoned if appropriate;
- If positive handling is likely to be necessary this should be included in the pupil's support plan, individual Education, Health and Care Plan (EHCP) and/or health care plan together with information on de-escalation strategies, the manner in which the pupil will be held, how support can be summoned if needed, and any medical factors to be considered.

## **PROCEDURES**

It is important to consider when reasonable force is appropriate, the actions necessary should positive handling be used, the strategies that are deemed acceptable, and the recording procedures that should be in place.

### **WHEN MIGHT IT BE APPROPRIATE TO USE REASONABLE FORCE?**

When a pupil may be:

1. committing an offence;
2. causing personal injury to, or damage to the property of, any person (including the pupil him/herself); or
3. engaging in any behaviour prejudicial to the maintenance of good order and discipline at the school or amongst its pupils, whether during a teaching session or otherwise.

Examples of situations that fall into one of the first two categories are:

- a pupil attacks a member of staff, or another pupil;
- pupils fighting;
- a pupil is causing, or at risk of causing, injury or damage by accident, by rough play, or by misuse of dangerous materials, substances or objects;
- a pupil is running in a corridor or on a stairway in a way in which s/he might have or cause an accident likely to injure him/herself or others;
- a pupil absconds from a class or tries to leave school. (NB: This will only apply if a pupil could be at risk if not kept in the classroom or at school).

Examples of situations that fall into the third category are:

- A pupil persistently refuses to obey an order to leave a classroom.
- A pupil is behaving in such a way that is seriously disrupting a lesson.

### **Actions Steps:**

1. Tell the pupil who is misbehaving to stop and state possible consequences of failure to do so.
2. If possible summon another adult.
3. Continue to communicate with the pupil throughout the incident.
4. Make it clear that restraint will be removed as soon as it ceases to be necessary.
5. Appropriate follow-up action should be taken, which may include:
  - i. providing medical support
  - ii. providing respite for those involved

A calm and measured approach to a situation is needed and staff should never give the impression that they have lost their temper or are acting out of anger or frustration when handling a problem.

## **DE-ESCALATION AND POSITIVE HANDLING STRATEGIES**

All teachers need to be aware of strategies and techniques for dealing with difficult pupils and steps which they can take to defuse and calm a situation.

- move calmly and confidently
- make simple, clear statements
- intervene early
- try to maintain eye contact
- if necessary summon help before the problem escalates
- remove audience from the immediate location

## **THERE ARE SITUATIONS WHERE STAFF SHOULD NOT INTERVENE WITHOUT HELP**

Assistance should be sought when dealing with:

- a physically large pupil;
- more than one pupil, or
- when the teacher believes that s/he may be at risk of injury.

In those circumstances where the member of staff has decided that it is not appropriate to restrain the pupil without help they should:

- remove other pupils who might be at risk
- summon assistance from colleagues
- where necessary, telephone the police
- inform the pupil(s) that help will be arriving
- until assistance arrives, the member of staff should continue to attempt to defuse the situation orally, and try to prevent the incident from escalating

The method of restraint employed must use the minimum force for the minimum time and must observe the following requirements:

### **RESTRAINT MUST NOT:**

- involve hitting the pupil
- involve deliberately inflicting pain on the pupil
- restrict the pupil's breathing
- involve contact with sexually sensitive areas

During any incident the restrainer should:

- offer verbal reassurance to the pupil
- cause the minimum level of restriction of movement
- reduce the danger of any accidental injury

Physical intervention can take several forms. It might involve staff:

- physically interposing between pupils;
- blocking a pupil's path;
- holding;
- pushing;
- pulling;
- leading a pupil by the hand or arm;
- shepherding a pupil away by placing a hand in the centre of the back; or
- (in extreme circumstances) using more restrictive holds.

## **SOME DO'S AND DON'TS**

### **DO**

- be aware of any feelings of anger
- summon help
- continue to talk to the pupil in a calm way
- provide a soft surface if possible
- be aware of any accessories worn by you or the pupil
- hold the pupil's arms by his/her sides

### **DON'T**

- try to manage on your own
- stop talking even if the pupil does not reply
- straddle the pupil
- push arms up the back
- touch the pupil near the throat or head
- put pressure on joints

## **RECORDING**

Staff should record all incidents of positive handling on a school incident sheet (including restraint) on in accordance with this policy and report these to the Head Teacher.

Details should include:

- name of pupil(s)
- staff member(s) involved
- factors necessitating physical intervention
- the strategies which were employed prior to using physical intervention
- how physical intervention was effected
- outcome of restraint
- any other action taken in the management of the incident

Parents/carers should be contacted as soon as possible and the incident explained to them. This action should also be recorded. A record of the incident will be kept in the pupil's file and in a file of all such incidents kept centrally.

## **COMPLAINTS**

We all have a duty of care to the young people in our school and cannot escape our legal responsibilities by avoiding taking appropriate and necessary action. Involving parents/carers when an incident occurs with their child, together with a clear policy adhered to by staff, should help to avoid complaints from parents/carers. It will not prevent all complaints, however, and a dispute about the use of force by a member of staff might lead to an investigation. All complaints are dealt with in accordance with the school's Non-Statutory Complaints Procedure.

Staff, subjected to physical violence or assault, have the right to be supported in making a formal complaint to the police and, if necessary, taking private action against an assailant.

It is our intention to inform all staff, pupils, parents/carers and governors about these procedures and the context in which they apply.

Adhering to the principles and procedures referred to in this policy statement is part of effective practice and should minimise risk to young people in our care and enhance our own self-protection.

## **STATEMENT FOR PARENTS/CARERS**

In keeping with our home/school partnership, we will inform all parents/carers of our policy on positive handling.

The statement will highlight:

- our emphasis on care and protection for everyone within our school community
- our belief that restraint will be needed on very rare occasions
- our endeavour to handle situations with care and responsibility

The statement will outline:

- when staff are authorised to use reasonable physical intervention
- what steps will be taken after an incident has been dealt with
- the responsibilities of staff, pupils and parents/carers in resolving situations

## **TRAINING**

It is the responsibility of the Head Teacher to ensure that staff members are fully informed of the school policy and understand what authorisation entails. It is the responsibility of the Head Teacher to arrange training or guidance to staff, possibly through a senior member of staff.

Additional advice and support on managing behaviour can be provided through the Richmond Local Safeguarding Children's Board (LSCB), the Educational Psychology Service, Social Emotional and Mental Health Team (SEMH) and the Richmond Single Point of Access (SPA).